

# Queensland Race Walking Club Inc.

*Building on a fine tradition of race walking, 69 years in the making.*



June 13<sup>th</sup> 2024

## Oceania Area & Masters Athletics Championships Suva, Fiji 1<sup>st</sup>-8<sup>th</sup> June

Congratulations to our Australian representatives Bailey and Milly in the U18 5,000 Metres and Alex in the Senior Men's 5,000 metres at the Oceania Championships in Fiji. Bailey won gold in 21:25.83 in the men's race and Milly took out the silver medal in the women's race in 27:06. 81.. Alex won his second medal of the Championships with a silver in the Senior Men's 5,000 metres in 26:23.35.

### RESULTS RESULTS RESULTS

#### Under 18 Men 5000m Race Walk

- 1 **Bailey Housden** AUS 21:25.83
- 2 Riley Coughlan AUS 21:36.80
- 3 Myles Ashby AUS 23:40.41
- 4 Richie TrathenNZL 24:33.28
- 5 Oliver MorganRAT 25:48.87
- 6 Ari Bennett NZL 27:19.25

#### Under 18 Women 5000m Race Walk

- 1 Sienna Pitcher AUS 25:53.02
- 2 **Milly Sharpe** AUS 27:06.81
- 3 Ariana Pashutina AUS 27:31.06
- 4 Sinead O'Sullivan NZL 29:22.97
- 5 Yandri Fourie NZL 33:43.84

#### Senior Men 5000m Race Walk

- 1 Lucas Martin NZL 25:13.83
- 2 **Alex Bradley** RAT 26:23.35

#### Masters Men 5000m Race Walk

- 1 Pramesh Prasad AUSM 50-54 28:35.02
- 2 Eric Kemsley NZLM 70-74 31:56.79
- Ron Schwebel AUSM 70-74 DNS
- Peter Fox NZLM 65-69 DNS
- Hem Chand FIJM 50-54 DNS

#### Masters Women 5000m Race Walk

- 1 Serena Coombes NZLM 55-59 32:41.26
- 2 Sam Holliss NZLM 40-44 34:30.45
- 3 Catherine McCarten NZLM 45-49 34:34.03
- 4 Jacqueline Wilson NZLM 75-79 35:33.66
- 5 **Dash Newington** GBR 35-39 36:16.12 1<sup>st</sup> W35
- 6 Daphne Jones NZLM 80-84 43:09.96
- Heather Carr AUSM 70-74 DNS



*Proud moment for Milly after winning the silver medal*



*U18 5,000 metres medal winners*

## **57<sup>th</sup> Annual Lake Burley Griffin Walking Carnival Canberra**

We have yet to get access to the official results from Canberra and will publish them in the next issue.

It was reported that it was a sunny day but being Canberra there was a really strong icy wind from the north. Walkers felt it first going down the little hill and then all the way up to the turnaround. Of our members, Phoebe started the 10km but pulled out at 3km with a sore knee. By the end of the day, she stepped out again and finished the 5km.

Kirstin had it tough in the 35km and had to stop a number of times but still battled all the way to the finish. Sam walked well for second in his 10km. Noela walked the 15km and ended up as 1<sup>st</sup> Masters walker, 3<sup>rd</sup> in the handicap and won the award as Oldest to Finish.

## AA Report

*The 57<sup>th</sup> Annual Lake Burley Griffin Walking Carnival in Canberra saw Olympic race walkers Rhydian Cowley and Rebecca Henderson build upon their form with a pair of Australian records over 35km, walking further into what looms as a golden year for Australian race walking.*

*Two-time Olympian Cowley broke the tape in a time of 2:26:25 to obliterate his former record of 2:27:33, carving over one minute off the mark, while Henderson continued her ascension in a time of 2:47:34 – 20 seconds faster than her previous best. While the event is not on the program for the 2024 Olympic Games, it is anticipated to return to major championships at the 2025 World Championships in Tokyo, Japan.*

## THIS WEEK

Please note that to be eligible for Handicap trophies at the end of the season there is a requirement to compete in at least 5 of the 10 QRWC Handicap races during the season.

### QRWC Handicap #6 Sunday June 16<sup>th</sup> Woodlands Park, Swanton Drive, Mudgeeraba

8.00am A Grade 10km

8.15am E Grade 1km

F Grade .5km

8.30am B Grade 5km

C Grade 3km

D Grade 2km

### Enter Here

[QRWC Handicap #6 Sunday June 16th - Qld Race Walking Club - revolutioniseSPORT](#)

### Race Fees

Members \$5

Non-Member on the day \$10

### Import Notice for Sunday at Mudgeeraba

Woodlands Park car park will be **closed**. The Council has closed it for a week or so.

Please take care when parking on the street.

The course for Sunday will start and finish of the park footpath (near the sign in picnic shelter).

## NEXT WEEK

### QRWC Handicap Meet #7 Sunday June 23<sup>rd</sup> Kalinga Park, Clayfield

7.30am A Grade 10km

B Grade 8km

8.00am E Grade 2km

F Grade 1km

8.15am C Grade 5km

D Grade 3km



**Please put your hand up to help run the club and our weekly meets**

## **Congratulations Heather Doherty OAM**

Masters walkers will be thrilled to hear that Heather Doherty has been awarded an OAM in the Kings Birthday honours list. Since Masters athletics started in Queensland 50 years ago Heather has always looked after the interests of race walkers ensuring walks were on the programme and that the efforts of the walkers were recognised.

AA Report

*“At 90 years young, Heather Doherty OAM has been an athlete for life. A silver medallist in the javelin at the 1962 Australian Championships, she has since been a doyenne of masters athletics in Australia – engaging and shining in all five throwing disciplines.*

*But Heather also found time to excel as a technical official, most notably not surprisingly as a throws judge - including at the 1982 Commonwealth and 2001 Goodwill Games. She received the AA Platinum Pin acknowledging 40 years of officiating in 2004.*

*A Life Member of both Queensland and Queensland Masters Athletics, she has also made her mark in administration – as president of both state and national masters bodies.”*

## **It's Not Over until it is over**

### **Spanish Race Walker Celebrates too soon and is beaten on the line**

A race walker got a step ahead of herself - before embarrassingly being pipped on the line. Laura Garcia-Caro thought she was about to win bronze in the women's 20km race walk at the European Athletics Championships in Rome.

She headed into the final 400m around the track inside the stadium with a good lead in third - so much so that she was handed a Spanish flag. Just as she approached the finish line, Garcia-Caro punched the air in delight with a beaming smile and even stuck her tongue out on the brink of her first major athletics medal.

But the 29-year-old had absolutely no idea Lyudmyla Olyanovska was right on her tail after closing the gap on the home straight. And with five metres to go of the 20km race, the Ukrainian managed to pull alongside her celebrating rival in dramatic scenes.

Garcia-Caro's face suddenly dropped from one of sheer delight to one of utter horror and dismay as it became clear what was unfolding.

Olyanovska had all the momentum and speed and managed to overtake just two metres from the finish line. Garcia-Caro did not have any time to react and was left bewildered by the comeback and sheepish from her blunder that meant she came fourth.



Incredibly, both Olyanovska and Garcia-Caro crossed the line after 20km of walking in official times of 1:28.48 - 40 seconds behind winner Italian Antonella Palmisano. But it was clear the Spaniard had been beaten to bronze and said: "I was really tired on the last lap. I did my best."



Plenty of fans chipped in with brilliant responses to the chaos.

One said: "Never celebrate too early."

Another wrote: "Lesson of the day: don't get cocky until you've actually got the result."

A third added: "She's got the flag and everything!! Silly girl."

## 2024 USCAC Winter Track & Field Carnival Timetable

### Sunday 7th July

### UniSC Athletics Track Sippy Downs

8.30am 5000m Run U16 to Masters Men/Women  
9.00am 1500m Walk U12 to Masters Men/Women  
9.30am 700m/1100m Walk 8yr/9&10yr Men & Women  
10.00am 3000m Walk U14 to Masters Men/Women

Enter via QA

[Queensland Athletics \(qldathletics.org.au\)](http://Queensland Athletics (qldathletics.org.au))

**FEES:**

\$12 per event – U10 to U18 & Para athletes

\$14 per event – U20, Open & Masters athletes

*Nominations close – 9am Wednesday 3 July (No late nominations accepted)*

## QLD ROAD WALKING CHAMPIONSHIPS



The QRWC Track Championships will now be on Sunday August 4<sup>th</sup> at UQ St Lucia.

| MONTH            | DATE  | EVENT                                     | VENUE                      | TIME   |
|------------------|-------|---|----------------------------|--------|
| <b>March</b>     | 3     |   |                            |        |
|                  | 9-10  | QMA Track Championships                   | SAF                        |        |
|                  | 14-17 | QA Track Championships                    | Main Track QSAC            |        |
|                  | 22-24 | QLAA State Championships                  | QSAC                       |        |
|                  | 29 -1 | AMA National Championships                | Hobart                     |        |
|                  | 31    | Easter Sunday                             | No competition             |        |
| <b>April</b>     | 7     | QRWC Sign On Meet /AGM                    | Kalinga Park               |        |
|                  | 11-19 | AA U14-Open Track Championships           | Adelaide SA                |        |
|                  | 14    | No Club Competition                       |                            |        |
|                  | 21    | QRWC Handicap Meet 1                      | Beenleigh                  | 8.00am |
|                  | 28    | QRWC Handicap Meet 2                      | Yeronga                    | 8.00am |
| <b>May</b>       | 5     | Gold Coast Championships                  | Mudgeeraba                 | 8.00am |
|                  | 12    | <b>Mother's Day</b>                       | <b>No club competition</b> |        |
|                  | 19    | QRWC Handicap Meet 3                      | Capalaba                   | 7.30am |
|                  | 26    | QRWC Handicap Meet 4                      | North Lakes                | 8.00am |
| <b>June</b>      | 2     | QRWC Handicap Meet 5                      | Yeronga                    | 8.00am |
|                  | 9     | <b>LBG Federation Meet</b>                | <b>Mt Stromlo Canberra</b> |        |
|                  | 16    | QRWC Handicap Meet 6                      | Mudgeeraba                 | 8.00am |
|                  | 23    | QRWC Handicap Meet 7                      | Kalinga Park               |        |
|                  | 30    | QRWC Handicap Meet                        | TBA                        |        |
| <b>July</b>      | 7     | <b>Gold Coast Marathon</b>                | <b>Southport</b>           |        |
|                  | 14    | RWA Postal Challenge                      | Beenleigh                  |        |
|                  | 21    | QRWC Handicap Meet                        | North Lakes                | 8.00am |
|                  | 28    | <b>QA Road Walk Championships</b>         | <b>TBC</b>                 |        |
| <b>August</b>    | 4     | <b>QRWC Track Championships</b>           | <b>UQ St Lucia</b>         |        |
|                  | 11    | QRWC Handicap Meet                        | Capalaba                   | 7.30am |
|                  | 18    | QRWC Club Championships                   | Beenleigh                  |        |
|                  | 25    | <b>2<sup>nd</sup> RWA Federation Meet</b> | <b>Melbourne</b>           |        |
| <b>September</b> | 1     | <b>Father's Day</b>                       | <b>No Club Competition</b> |        |
|                  | 8     | <b>Relay/BBQ/Trophy Day</b>               | <b>Sandgate Lagoon</b>     |        |
|                  | 15    |   |                            |        |
|                  | 22    |   |                            |        |

## QRWC Uniforms

Wearing a club uniform at our club meets is desirable but not compulsory. All Race Walking Australia event competitors **MUST** wear the uniform of their Club, as registered with Race Walking Australia. Failure to do so may result in disqualification.

[Shop - Qld Race Walking Club - revolutioniseSPORT](#)

### 2<sup>nd</sup> Federation Carnival

Sunday, August 25<sup>th</sup>, 2024. Middle Park Melbourne

Race Walking Australia Winter Championships  
Events from U10's to Masters

**RWA to release full details**



### AMA 20KM WALK POSTAL CHAMPIONSHIPS

Sunday 25<sup>th</sup> August or agreed date (States and Territories are encouraged to conduct their races between the dates of August 10<sup>th</sup> and September 8<sup>th</sup>. The World Championships 20km Walk in Sweden on the 25<sup>th</sup> August also qualifies as a postal event for the AMA Championships (an entry must still be made!)

**Entry Fee \$25 (separate from any local entry fee!)**

**Contact:** George White [gwhite@adam.com.au](mailto:gwhite@adam.com.au) Mobile 0419 348 888

## 2024 World Athletics U20 Championships Lima , Peru August 27-31<sup>st</sup>

The Australian Team for the World Athletics Under 20 Championships has been announced with four race walkers in the team.

**Women 10,000m Race Walk** Alexandra Griffin (WA), Chelsea Roberts (NSW)

**Men 10,000m Race Walk** Isaac Beacroft (NSW), Marcus Wakim (VIC)

Also in Lima will be Zoe Eastwood-Bryson (SA, International Race Walking Judge) who has been appointed to the officiating panel.

The Australia's team will complete a camp on the Gold Coast from June 20-23, before flying to Lima, Peru.



**Coast2Coast  
International Meet**

Gold Coast Performance Centre, Runaway Bay, Queensland

12<sup>th</sup> - 14<sup>th</sup> July 2024

**What:** A Mid-Winter Track & Field Meet for Athletes

**Age groups:** Open, U20, U18, U16, male and female

**Who:** Athletes from the USA, New Zealand, Queensland, Interstate Australia and some Pacific Islands

**Hosted by:** Gold Coast Victory Athletics Club Inc

**Awards:** Medals to first three placegetters in each of the three age groups plus relays

**Registrations open:** Monday, 13th May 2024

**Note:** Race walking events will be held on Friday July 12<sup>th</sup>

**Entry fee:** Early bird (13 May to 2 June) \$27.50 (GST incl) per event

**Standard entry** (3 June to 2 July) \$36.30 (GST incl) per event

Close of entries: 11:59pm Tuesday 2 July

Late entries (3 July to 5 July) \$60.50 (GST incl) per event – conditions apply

Registrations Link :- Link for Australian athletes will be available from the opening of registrations.

School groups and Overseas groups please contact Peter Hannan on

[treasurer@goldcoastvictory.com.au](mailto:treasurer@goldcoastvictory.com.au) for information regarding group entries.



**ENTRIES NOW OPEN**

[Enter | Pan Pacific Masters Games](#)

**Draft Track Walk Programme**

**Friday 8 November, 2024**

M30+/W30+ 5000m Race Walk Final

**Saturday 9 November, 2024**

M30+/W30+ 3000 Metre Race Walk Finals

**Confirmed Road Walk Programme**

**Sunday 10 November 7:00am start**

**Luke Harrop Cycle Circuit**

- The competition circuit will be a 1km loop.



- All participants will start together.
- A First Aid officer will be present. There will be a water station on the circuit.
- Uniforms are not compulsory.
- Age category placegetter medals will be presented at the venue at the conclusion of the competition.
- Parking and toilet facilities are located adjacent to the competition circuit

Age is determined as at race day / Minimum age for competition is 30 years

Age Divisions 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+

### **Important Update – New Track Venue Announced**

Unfortunately the originally confirmed venue - **Gold Coast Performance Centre at Runaway Bay** - is no longer available for use during the Pan Pacific Masters Games. Due to the lack of suitable infrastructure, quality or safety of the alternative venues located in the Gold Coast Athletics – Track & Field events will now be conducted at the **Queensland Sport and Athletics Centre (QSAC) Mount Gravatt**

**Transport** – if you have booked your accommodation on the Gold Coast, a bus will be arranged to take paid participants to and from the QSAC venue daily. The bus will pick up and drop off in a central location on the Gold Coast – further details TBA.

**The road walks will still take place at Runaway Bay**

## **53 DAYS TO GO UNTIL PARIS 2024**



### **Walks Schedule**

Thursday August 1<sup>st</sup> 7:30am 20km Race Walk Men

9:20am 20km Race Walk Women

Wednesday August 7<sup>th</sup> Marathon Race Walk Mixed Relay with 25 teams, each comprising one male and one female athlete, who will complete in four legs of approximately equal distance. Each athlete will complete two legs of just over 10km each, alternating male, female, male, female.

Note that, in Paris, there will be a cut off time of 3h20m and teams who have not completed the marathon distance will be classified at the position at which they cross the finish line after the cut-off time.

### **WORLD ATHLETICS RACE WALKING TOUR 2024**

**06 OCT 2024** III GRAN PREMIO INTERNACIONAL FINETWORK MADRID MARCHA MADRID ESP

**26 OCT 2024** LUSATIAN INTERNATIONAL RACE-WALKING MEETING ZITTAU GER

### **Level 3 Race Walking-specific accreditation course**

The QRWC is in discussions with AA about the possibility of the club hosting a Level 3 Race Walking-specific accreditation course this year. Time wise it would be post Olympics, mostly likely October or November.

Not only will this initiative upskill the next generation of race walking coaches it will also be an opportunity for current coaches to advance their qualifications and skills.

To be eligible to undertake the Level 3 course applications will need to hold a Level 2 certification so now is the time to make sure you qualify by doing a Level 1 and Level 2 coaching course if required. Please note that the QRWC can re-imburse your coaching course fees, if required, though our current volunteer education grant.

### Coaching Courses Coming Up

12 Jun 2024 **Level 1 Recreational Running Coach** Online QLD

29 Jun 2024 **Level 3 Performance Development Course (Days 1 & 2)** Gold Coast

## Handicap Points - What does it all mean?

At the end of the season trophies are awarded to the first three places, male and female, in each grade based on total accumulated points from club Handicap race meets during the season. For each grade the following table indicates the points to be allocated for each week's handicap races for males and females.

| Grade | Start Points | Completed Points | Best Season Performance | Handicap Points      |
|-------|--------------|------------------|-------------------------|----------------------|
| A     | 8            | 21               | 29                      | 57,54,51,48,45,42,39 |
| B     | 7            | 17               | 24                      | 47,44,41,38,35,32,29 |
| C     | 5            | 14               | 19                      | 37,34,31,28,25,22,19 |
| D     | 4            | 10               | 14                      | 27,25,23,21,19,17,15 |
| E     | 2            | 7                | 9                       | 17,15,13,11,9,7,5    |
| F     | 1            | 3                | 4                       | 7,6,5,4,3,2,1        |

**Starting points** are awarded for starting the event.

**Completed points** are awarded for finishing the race distance.

The **Best Season Performance**. To be awarded handicap points for the best season performance, the member must have competed in a prior Racewalking Queensland or Queensland Athletics road walking event over the same distance during the current winter season.

To be eligible for Handicap Trophies a member must participate in a minimum of 50% of designated Handicap Races during the season.

**Handicap points** are awarded to the top 7 place-getters within the sealed or non-sealed handicaps as per the above table. The member placed 1st, based on the handicap results, receives the highest points while the member placed 7th, based on the handicap results, receives the least points, thus a member winning the handicap for the A grade men could be awarded a maximum of 115 points.

### QRWC Handicap Meets and Points

At the end of the season trophies are awarded to the first three places, male and female, in each grade based on total accumulated points from club Handicap race meets during the season. For each grade the following table indicates the points to be allocated for each week's handicap races for males and females.

Starting points are awarded for starting the event.

Completed points are awarded for finishing the race distance.

The Best Season Performance. To be awarded handicap points for the best season

performance, the member must have competed in a prior Racewalking Queensland or Queensland Athletics road walking event over the same distance during the current winter season.

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Handicap points are awarded to the top 7 place-getters within the sealed or non-sealed handicaps as per the above table. The member placed 1st, based on the handicap results, receives the highest points while the member placed 7th, based on the handicap results, receives the least points, thus a member winning the handicap for the A grade men could be awarded a maximum of 115 points. To maximise your points for the season it is recommended that an athlete stays in the same grade for the season.

## QRWC MEMBERSHIP 2024

The Qld Racewalking Club registration portal is open to athletes who wish to register with QRWC .

[Membership - Qld Race Walking Club - revolutioniseSPORT](#)

Many of our members who have been competing during the track season as a member of QRWC are registered through to the end of September 2024. These athletes are all set for entering winter road walk competitions and the QA Road walk Championships . So no need to take action until the first race portal opens.

New or existing non financial members who wish to join the club and compete in the QA Road Walk Championships are encouraged to register on the RevSport Portal

Of course, for those athletes not wishing to compete at or represent QRWC at QA events ( i.e. already registered with other QA clubs , QRWC will retain the current membership options whereby only the QRWC club fee (i.e. \$15 Student/\$25 Non-Student) will apply. This membership can be taken out at any time prior to the start of the QRWC winter season in April 2024.

For these athletes, please email the Registrar if you have any questions or concerns. [qrwcregistrar@gmail.com](mailto:qrwcregistrar@gmail.com)

All QRWC memberships taken out from this point onwards, irrespective of whether a QA membership is also included, will remain valid until September 2024 and will cover the traditional QRWC winter racewalking season.

|                       |  |              |
|-----------------------|--|--------------|
|                       | \$15.00  | Students     |
| <b>Membership Fee</b> | \$25.00  | non-students |
|                       | *club fee on top of Qld Athletics membership (Base \$12) |              |

## Season Pass

The QRWC Season Pass is a convenient way to not only save some money but to not have the worry about paying race fees with your entry each week. This **Pass, at a cost of \$75**, enables the athlete to compete in up to 16 club meets a season (10 x handicaps, Sign On Day, club road championships, club track championships, Gold Coast Championships, Postal Challenge, & relays).

This Pass does not cover QA, AA, QLA or QMA Championships, Federation carnivals or any other event that is not a QRWC meet. The Pass can be purchased via the Shop on the QRWC RevSport portal.

## NON-COMPETING MEMBERS

| VOLUNTEER  | COMMITTEE MEMBER   | OFFICIAL                                      | COACH   |
|--|--|---|---|
| Club volunteers are always welcome to assist with club operations and competition days | Club committee members are required to be registered members of their club | Officials accredited with Athletics Australia | Coaches may join an athletics club if they are accredited and currently registered with Athletics Australia |

### Working with Children Check – Blue Card

Volunteers, committee members, technical officials and coaches are required to have a Blue Card as deemed necessary by their club in accordance with the Queensland Blue Card system. Please refer to your club or [www.bluecard.qld.gov.au](http://www.bluecard.qld.gov.au) for more information.

|                   |                   |                   |                   |
|-------------------|-------------------|-------------------|-------------------|
| \$0<br>+ CLUB FEE | \$0<br>+ CLUB FEE | \$0<br>+ CLUB FEE | \$0<br>+ CLUB FEE |
|-------------------|-------------------|-------------------|-------------------|

NOTE – Additional club membership fees may apply, which varies for each club.

## Our Volunteers – We need you to

For all our road walk and track meets we need the help of our members to set up and run the meets in a safe and organised manner. Please feel free to offer your services whether it be as a judge, timekeeper, setting out the course or helping to pack up. All assistance is greatly appreciated. We especially need lap scorers. If you would like to help out, please talk to any member of the Committee.

Everyone who helps out to run our events are volunteers who freely give up their time so that our athletes can race. Please treat them with respect and appreciation at all times and offer to assist them whenever possible. Without judges, timekeepers and lapscorers we don't have a race walk competition we just have a walk and no matter how fast you go your result will not be official or accepted for qualifying purposes. Judges are there to ensure no one gets an unfair advantage and to assist the athletes. If you get a caution or a report, use it as a learning experience. Find out what you have done wrong from the judge and talk to your coach to see if you need to correct your technique. If you do nothing and just blame the judges, then you will never learn or get ahead in the sport.



## **Racewalking Queensland Management Committee 2024/25**

**President:** P Bennett

**Vice President.** J-R McRoberts

**Secretary:** N. McKinven

**Treasurer** N McKinven

**Committee:** Shane Pearson, Joanne McRoberts, Claire Chadwick, Jasmine Blackburn, Ignacio Jimenez, Simon Dunleavy

**Patrons:** Patrick & Maxine Sela

**Registrar:** S Dale

**Handicapper** A Guevara / N McKinven

**Uniforms:** S Dale

**Publicity / Media** Jasmine Blackburn

**Results** R Wales / N McKinven

**Newsletter Editor:** P. Bennett

**Equipment Officer.** Ignacio Jimenez & Noela McKinven

**Canteen Convenor.** Vacant, but to be by roster.

**Club Captains:** Bailey Housden, Phoebe Chadwick

## **Queensland Athletics Member Protection Policy**

As a member of Athletics Australia, Queensland Athletics, an affiliated club or an individual member everyone is required to comply with the Queensland Athletics Member Protection Policy. We are committed to the health, safety and general well-being of all of our members and will work to ensure that everyone associated with our organisation complies with this policy. We would encourage all who are involved in athletics to familiarise themselves and comply with this policy.

**You can read the full policy here**

<http://www.qldathletics.org.au/Portals/50/General/QA%20Member%20Protection%20Policy%20-%20July%202015.pdf>

**All our members, whether an athlete, coach, volunteer official or a parent should be aware of their obligations and responsibilities under these policies.**

### **Who this Policy Applies To**

This policy applies to the following, whether they are in a paid or unpaid/voluntary capacity:

- Parents, guardians, spectators and sponsors to the full extent that is possible.
- Individuals appointed or elected to boards, commissions, committees and sub-committees;
- Employees and volunteers; • Support personnel (e.g. managers, physiotherapists, psychologists, masseurs, sport trainers, etc);
- Coaches and assistant coaches (whether or not they are accredited)
- Athletes, coaches, officials and any other personnel participating in any teams, events and activities, including camps and training sessions, conducted or sanctioned by Queensland Athletics • Referees, judges and other officials.
- Members, including life members.
- Member associations and each of its members, including life members.
- Affiliated clubs and associated bodies of Queensland Athletics;
- Peak associations and other State bodies engaged in any form of athletics.
- Any other person or body that is a member of or affiliated to Queensland Athletics.

### **Code Of Conduct/Behaviour Queensland**

Athletics requires every individual and body bound by this policy to: QA Member Protection Policy – July 2015

4.1 Be ethical, fair and honest in all their dealings with other people and Queensland Athletics;



- 4.2 Treat all persons with respect and courtesy and have proper regard for their dignity, rights and obligations;
- 4.3 Always place the safety and welfare of children above other considerations;
- 4.4 Comply with Queensland Athletics', Athletics Australia's, the IAAF's, the National and International Olympic and Paralympic Committees' constitution, rules and policies including this Policy;
- 4.5 Operate within the rules and spirit of the sport;
- 4.6 Comply with all relevant Australian laws (federal and State), particularly anti-discrimination and child protection laws;
- 4.7 Be responsible and accountable for their conduct; and
- 4.8 Abide by the relevant specific Codes of Conduct referred to in Part B of this Policy.

## Race Walk Coaching

If you are looking for coach or would like to be part of a training squad here are the qualified coaches in the club:

Noela McKinven Walks Level 4  
Robyn Wales Walks Level 3  
Shane Pearson Walks Level 3  
Steve Langley Walks Level 2  
Jasmine-Rose McRoberts Level 2 Club coach  
Argenis Guevara Level 1  
Katya Martin Level 1

### Contact emails:

[qrwc1@optusnet.com.au](mailto:qrwc1@optusnet.com.au) Membership, coaching or general enquiries about the club  
[racewalkqld@outlook.com](mailto:racewalkqld@outlook.com) Articles for the newsletter, to send in results, to join newsletter mailing list.

### About us ....

*Racewalking Queensland* conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter. We value your input.

For news and information on the Australian Federation of Race Walking (Racewalking Australia) and the member clubs go to [www.rwa.org.au](http://www.rwa.org.au)

RWA Facebook page <https://www.facebook.com/racewalkingaustralia/>

